

# Scientific Program

**09:00 – 10:00**

*Exhibition & Networking Area (Manhattan 10-13)*

## **REGISTRATION AND REFRESHMENT**

**10:00 – 12:00**

*Plenary hall (Manhattan 1-9)*

## **OPENING PLENARY SESSION: SETTING THE STAGE FOR CaReMeLO**

**Chair: Avraham Karasik, Tel Aviv University, Israel**

10:00 – 10:10

### **WELCOME AND CONFERENCE GOALS**

**Avraham Karasik, Tel Aviv University, Israel**

**Agnieszka Mastalerz-Migas, Polish Society of Family Medicine (PTMR), Poland**

### **KEYNOTE LECTURES:**

10:10 – 10:30

#### **IS TREATING OBESITY FIRST THE RIGHT APPROACH IN CaReMeLO PATIENTS?**

**Karolina Kloda, Polish Society of Family Medicine (PTMR), Poland**

10:30 – 10:50

#### **CUTTING-EDGE STRATEGIES FOR PREVENTING AND MANAGING CARDIAC DISEASE IN CaReMeLO SYNDROME**

**Eberhard Standl, Helmholtz Diabetes Centre, Germany**

10:50 – 11:10

#### **RENAL RENAISSANCE: TRANSFORMING KIDNEY CARE**

**Hiddo Heerspink, University Medical Center Groningen,**

Netherlands

11:10 – 11:30

**OVERCOMING PRIMARY CARE CHALLENGES IN MANAGING CaReMeLO PATIENTS**

**Shlomo Vinker**, Tel Aviv University, Israel

11:30 – 11:50

**PRE-DIABETES AND CARDIOVASCULAR RISK – WHAT IS NEW?**

**Brij Mohan Makkar**, Diabetes & Obesity Centre, India

11:50 – 12:00

Panel discussion(12:00 – 12:10) *Short technical break*

**12:10 – 13:10**

*Plenary hall (Manhattan 1-9)*

**INDUSTRY SYMPOSIUM**

Industry session not included in the main event CME/CPD credit. For more information, please click [here](#).

**13:10 – 14:10**

*Exhibition & Networking Area (Manhattan 10-13)*

**LUNCH, NETWORKING & ORAL PRESENTATIONS**

**Chair: Małgorzata Koziarska-Rościszewska**, Medical University of Lodz, Poland

13:20-13:28

**THE DEVELOPMENT AND IMPLEMENTATION OF AN INTEGRATED MULTI-MORBIDITY MODEL OF CARDIOVASCULAR-RENAL (KIDNEY)-METABOLIC CARE IN LONDON, UK**

**Ciara A. Doherty**, Guys and St Thomas NHS Foundation trust, United Kingdom

13:28-13:36

**THE ROLE OF INTEGRATED MULTI-SPECIALIST PHARMACISTS IN THE**

**DELIVERY OF A MULTI-MORBIDITY CARDIOVASCULAR-RENAL (KIDNEY)-  
METABOLIC MODEL OF CARE IN LONDON, UK**

**Jaskiran Sanghera**, Kings College Hospital NHS trust, United Kingdom

13:36-13:44

**SOCIAL ATTITUDES, FAMILY SUPPORT, AND SELF-STIGMA IN ADULT  
POLISH WOMEN USING ANTI-OBESITY MEDICATIONS**

**Tomasz Witaszek**, Indywidualna Praktyka Lekarska, Poland

13:44-13:52

**STRATEGIES TO IMPROVE THERAPEUTIC COMPLIANCE OF CAREMELO  
PATIENTS**

**Justyna Tymińska**, Lazarski University, Poland

13:52-14:00

**USING THE CONSTRAINED-DISORDER-PRINCIPLE-BASED SECOND-  
GENERATION ARTIFICIAL INTELLIGENCE SYSTEM FOR IMPROVING THE  
RESPONSE TO THERAPIES FOR CARDIOMETABOLIC DISORDERS**

**Yaron Ilan**, Hebrew University Hadassah Medical Center, Israel

14:00-14:08

**PREVALENCE AND IMPACT OF COMORBIDITIES IN PRIMARY SJÖGREN'S  
SYNDROME: A RETROSPECTIVE STUDY**

**Ana Guida Araujo Freitas**, USF Beira Saúde, Portugal

**14:10 – 15:40**

*Plenary hall (Manhattan 1-9)*

**SESSION 1: REAL-WORLD CASE STUDIES AND EXPERT  
INSIGHTS**

**Moderator: Baruch Itzhak**, Clalit Health Services, Israel

**Case Discussions:**

14:10 – 14:30

**Asymptomatic Patients with Diabetes**

**Josep Vilaseca**, University of Vic – University of Central

Catalonia, Spain

14:30 – 14:50

**Patient with HFpEF**

**Jan Biegus**, Wrocław Medical University, Poland

14:50 – 15:10

**Patient with Renal Involvement**

**Mateusz Szmidt**, Medical University of Białystok, Poland

15:10 – 15:30

**Patient with Obesity, Diabetes and Atrial Fibrillation**

**Alina Kuryłowicz**, Center of Postgraduate Medical Education, Poland

15:30 -15:40

Panel discussion

**15:40 – 16:10**

*Exhibition & Networking Area (Manhattan 10-13)*

**COFFEE BREAK AND NETWORKING**

**15:55 – 16:05**

**Shape the Future of Care: Join UNL0Kall: Multidisciplinary Academy**

**Catarina Morais**, UNL0K, Portugal

**16:10 – 17:10**

*Plenary hall (Manhattan 1-9)*

**INDUSTRY SYMPOSIUM**

Industry session not included in the main event CME/CPD credit. For more information, please click [here](#). (17:10 – 17:20) Short technical break

**17:20 – 18:50**

*Plenary hall (Manhattan 1-9)*

**TRANSFORMING CaReMeLO CARE: BREAKTHROUGHS FROM 2024 RCTs**

**Chair: Karolina Kloda**, Polish Society of Family Medicine (PTMR), Poland

17:20 – 17:50

**EXPANDING THE BOUNDARIES OF THERAPEUTICS: GAME-CHANGING EVIDENCE**

**Lee Kaplan**, Obesity and Metabolism Institute in Boston, USA

17:50 – 18:20

**HEART DISEASE IN FOCUS: TRANSFORMING OUTCOMES IN THE CaReMeLO PATIENT**

**Avraham Karasik**, Tel Aviv University, Israel

18:20 – 18:50

**Panel Discussion: TURNING EVIDENCE INTO PRACTICE FOR THE CaReMeLO PATIENT**

**Moderator: Lee Kaplan**, Obesity and Metabolism Institute in Boston, USA

Panelists:

**Karolina Kłoda**, Polish Society of Family Medicine (PTMR), Poland

**Mariusz Wyleźoł**, Polish Society for Obesity Treatment, Poland

**Aleksander Biesiada**, Polish Society of Family Medicine (PTMR), Poland

**Justyna Ledwoch**, Polish Society of Family Medicine (PTMR), Poland

**18:50 – 20:00**

*Exhibition & Networking Area (Manhattan 10-13)*

## **WELCOME RECEPTION, ORAL PRESENTATIONS & NETWORKING**

Chairs: **Magdalena Bujnowska-Fedak**, Wroclaw Medical University, Poland

**Małgorzata Koziańska-Rościszewska**, Department of Family Medicine – Medical University of Lodz, Poland

**19:00-19:08**

### **AN APPLICATION OF URINARY PEPTIDOMICS AND IN SILICO METHODS TO GUIDE MULTIFACTORIAL INTERVENTION IN CHRONIC KIDNEY DISEASE**

**Agnieszka Latosinska**, Mosaiques Diagnostics, Germany

**19:08-19:16**

### **TELOMERE LENGTH AS A BIOMARKER IN DIABETIC KIDNEY DISEASE**

**Yanina Rebrova**, D. F. Chebotarev Institute of Gerontology of the National Academy of Medical Sciences, Ukraine

**19:16-19:24**

### **TLT-1 AS A POTENTIAL INTERVENTIONAL TARGET IN CARDIOVASCULAR DISEASE**

**Valance Washington**, Oakland University, USA

**19:24-19:32**

### **THE DUAL IMPACT OF CHOLESTEROL AND PULSE PRESSURE ON CHRONIC KIDNEY DISEASE OUTCOMES**

**Suela Mumajesi**, Mother Teresa Hospital Tirana, Albania

**19:32-19:40**

### **THE ROLE OF SGLT2 INHIBITORS IN THE COMPLEX TREATMENT OF PATIENTS WITH CHRONIC KIDNEY DISEASE – THE RESULTS OF ONE TERTIARY CENTER**

**Milena K. Nikolova**, Clinic of Nephrology, University Hospital, Bulgaria

**19:40-19:48**

### **LOW-FREQUENCY ULTRASOUND AS A THERAPEUTIC ENHANCER OF RENIN-ANGIOTENSIN SYSTEM INHIBITOR EFFECTS IN ENDOTHELIAL, RENAL, AND HEPATIC CELLS: FOCUS ON CELLULAR FUNCTION AND INFLAMMATION MARKERS**

**Ieva Čiapienė**, Institute of Cardiology, Lithuanian University of Health Sciences, Lithuania

**19:48-19:56**

**GUT MICROBIOME DYSBIOSIS AND CARDIOVASCULAR-KIDNEY-METABOLIC (CKM) SYNDROME: IS THERE A LINK?**

**Diana Przeworska**, Janusz Korczak Specialist Hospital, Poland

**08:30 – 09:30**

*Plenary hall (Manhattan 1-9)*

## **SESSION 2: LEADING THE CHANGE – FAMILY PHYSICIANS IN CaReMeLO**

**Chairman: Thomas Frese**, Institute of General Practice and Family Medicine, Germany

Best Practices and Innovations:

**08:30 – 08:45**

**ISRAELI EXPERIENCE IN PCP LEADERSHIP**

**Avraham Karasik**, Tel Aviv University, Israel

**08:45 – 09:00**

**PCP ROLE IN CaReMeLO TREATMENT IN POLAND AND CENTRAL EUROPE**

**Aleksander Biesiada**, Polish Society of Family Medicine (PTMR), Poland

**09:00 – 09:15**

**THE SPANISH EXPERIENCE**

**Josep Vilaseca**, University of Vic – University of Central Catalonia, Spain

**09:15 – 09:30**

**THE APPROACH IN THE EMERGINING AND BROAD SCENE IN INDIA**

**Banshi Saboo**, Dia Care to Diabetes Care & Hormone Clinic at Ahmedabad, India

*(09:30 – 09:40) Short technical break*

**09:40 – 10:40**

*Plenary hall (Manhattan 1-9)*

## **TRANSFORMATIVE TEAM-BASED CARE**

**Chair: Shlomo Vinker**, Tel Aviv University, Israel

09:40 – 09:55

### **ENHANCING QUALITY OF CARE AND OUTCOMES**

**Ana Cebrián Cuenca**, Murcian Health Service, Spain

09:55 – 10:40

### **Panel Discussion: EMPOWERING FAMILY PHYSICIANS**

**Moderators: Michalina Bou-Matar**, Polish Society of Family Medicine (PTMR), Poland

**Thomas Frese**, Institute of General Practice and Family Medicine, Germany

Panelists:

**Justyna Ledwoch**, Polish Society of Family Medicine (PTMR), Poland

**Baruch Itzhak**, Clalit Health Services, Israel

**Ana Cebrián Cuenca**, Murcian Health Service, Spain

**10:40 – 11:10**

*Exhibition & Networking Area (Manhattan 10-13)*

## **COFFEE BREAK AND NETWORKING**

**11:10 – 12:10**

*Plenary hall (Manhattan 1-9)*

## **INDUSTRY SYMPOSIUM**

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**12:10 – 13:30**

*Exhibition & Networking Area (Manhattan 10-13)*

## **LUNCH AND ORAL PRESENTATIONS**

**Chair:**

**Magdalena Bujnowska-Fedak**, Wrocław Medical University, Poland

12:30-12:38

**MACHINE LEARNING IDENTIFIES PATTERNS IN MICROBIOME COMPOSITION IN TYPE 2 DIABETES PATIENTS**

**Dominika Tomczyk**, Utrecht University, Netherlands

12:38-12:46

**SIGNS OF MYOCARDIAL FIBROSIS IN PATIENTS WITH OBESITY WITHOUT CARDIOVASCULAR DISEASE**

**Ivanna Zubovych**, The Scientific and Practical Medical Center of Pediatric Cardiology and Cardiac Surgery of the Ministry of Health, Ukraine

12:46-12:54

**REAL-WORLD DATA FOR TIRZEPATIDE TREATMENT IN TYPE 2 DIABETES MELLITUS (T2DM) TO ADDRESS HBA1C AND OBESITY WITH CONSIDERATION OF ATHEROSCLEROTIC CARDIOVASCULAR DISEASE (ASCVD)**

**Victoria L. Scott**, Marsh Medical Practice, United Kingdom

12:54-13:02

**REAL WORLD STUDY OF TIRZEPATIDE IN A SECONDARY CARE SPECIALIST DIABETES SERVICE IN THE UNITED KINGDOM (UK)**

**David T. Otuonye**, Ipswich Hospital, East Suffolk and North Essex NHS Foundation Trust, United Kingdom

13:02-13:10

**TREATMENT WITH A NOVEL ZINC-SIDEROPHORE COMPLEX MINIMIZES (UP TO COMPLETE ELIMINATION) OF THE INSULIN RESISTANCE IN TYPE 2 DIABETIC ANIMAL MODELS**

**Mordechai M. Chevion**, Hebrew University of Jerusalem, Israel

13:10-13:18

**TRAINING PROGRAM FOCUSED AT IMPROVING MUSCULOSKELETAL PAIN AND WEIGHT LOSS IN PATIENTS WITH OBESITY**

**Carla Romagnolli**, University of Sao Paulo, Brazil

13:18-13:26

**STRATEGY FOR SCREENING AND MANAGEMENT OF NON-ALCOHOLIC FATTY LIVER DISEASE (NAFLD) IN PRIMARY CARE**

**Ana Guida Araujo Freitas**, USF Beira Saúde, Portugal

**13:30 – 15:00**

*Plenary hall (Manhattan 1-9)*

**THE HEART IN THE MIDDLE OF CaReMeLO**

**Chairs:**

**Magdalena Kędziora**, Polish Society of Family Medicine (PTMR), Poland

**Paweł Balsam**, Medical University of Warsaw, Poland

13:30 – 14:30

**MASTERING THE BASICS INCLUDING ECHO WORKSHOP**

**Nir Flint**, Tel Aviv Medical Center, Israel

**Baruch Itzhak**, Clalit Health Services, Israel

14:30 – 15:00

**PILLARS OF THERAPY IN HEART FAILURE**

**Jan Biegus**, Wroclaw Medical University, Poland (15:00 – 15:10)

*Short technical break*

**15:10 – 16:10**

*Plenary hall (Manhattan 1-9)*

**NAVIGATING LIVER CHALLENGES IN CaReMeLO: INTEGRATING MODERN THERAPIES**

**Chair: Joanna Szeląg**, Polish Society of Family Medicine (PTMR), Poland

15:10 – 15:30

**THE LIVER AS THE NEXUS IN CAREMELO PATIENTS**

**Luisa Vonghia**, Antwerp University Hospital, Belgium

15:30 – 15:50

**CASE STUDY: A CAREMELO PATIENT WITH MASH AND MULTISYSTEM INVOLVEMENT**

**Juan Mendive**, Catalan Health Institute, Spain

**Joanna Szeląg**, Polish Society of Family Medicine (PTMR), Poland

15:50 – 16:10

**THE CROSSTALK BETWEEN THE PCP AND SPECIALIST IN THE CARE OF MASLD**

**Luisa Vonghia**, Antwerp University Hospital, Belgium

**Juan Mendive**, Catalan Health Institute, Spain

**16:10 – 16:40**

*Exhibition & Networking Area (Manhattan 10-13)*

**COFFEE BREAK AND NETWORKING**

**16:40 – 18:30**

*Plenary hall (Manhattan 1-9)*

**INDUSTRY SYMPOSIUM**

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**18:40 – 19:40**

*Plenary hall (Manhattan 1-9)*

**THE KIDNEY IN THE MIDDLE OF CaReMeLO**

**Chair: Per-Henrik Groop**, University of Helsinki and Helsinki University Hospital, Finland

18:40 – 19:10

**WHY THE KIDNEY IS CENTRAL TO CaReMeLO CARE AND HOW TO APPROACH ITS CARE**

**David Wheeler**, University College London, United Kingdom

19:10 – 19:40

**CASE STUDY: MULTIDISCIPLINARY MANAGEMENT OF CKD IN CaReMeLO PATIENTS**

**David Wheeler**, University College London, United Kingdom

**Joanna Iskra-Trifunović**, AGMED Medical Center Poland

**19:40 – 20:00**

*Plenary hall (Manhattan 1-9)*

**THE CLOSING SESSION: PATH FORWARD AND KEY TAKEAWAYS**

**Avraham Karasik**, Tel Aviv University, Israel

**Baruch Itzhak**, Clalit Health Services, Israel

**Josep Vilaseca**, University of Vic – University of Central Catalonia, Spain

**Karolina Kloda**, Polish Society of Family Medicine (PTMR), Poland

**Aleksander Biesiada**, Polish Society of Family Medicine (PTMR), Poland

**\*The program could be subject to changes.**