

Welcome

Dear Colleagues,

We are excited to invite you to the 2nd edition of the Cardiovascular, Renal, Metabolic, Liver, and Obesity Conference (CaReMeLO 2025), taking place in Warsaw, Poland, on 30-31 May 2025.

Following the tremendous success of the inaugural CaReMe-0 conference in Spain in 2024, which saw over 1000 participants (250 onsite and 750 online), we are building on this momentum to further empower family physicians in the comprehensive management of cardiovascular, renal, metabolic, liver and obesity conditions. This year, we are placing a greater emphasis on cutting-edge therapies, such as the GLP-1R agonist, and the dual GIPR/GLP-1R agonist which are transforming obesity treatment.

The 2025 edition promises to deliver an even more dynamic and impactful experience, incorporating feedback from last year. Expect more interactive sessions, practical real world case studies, and enriched networking opportunities, as well as deeper explorations of the latest treatments and innovations in managing obesity and liver disease.

This conference is vital for family physicians, general practitioners, nurse practitioners, and specialists in endocrinology, cardiology, and nephrology. If you are involved in managing patients with cardiometabolic and obesity syndromes, this event is designed for you.

Join us in Warsaw to explore innovative strategies and strengthen your expertise in managing CaReMeLO syndromes. This is your opportunity to make a lasting impact on patient care and outcomes. Stay tuned for more details about this essential event for primary care providers and specialists.

We eagerly anticipate welcoming you to CaReMeL0 2025 in Warsaw!

On behalf of the Scientific Committee,

Prof. Avraham Karasik

Co-Chair of CaReMeL0, Professor of Medicine (Emeritus), Tel Aviv University, Israel

Prof. Dr. Josep Vilaseca

Co-Chair of CaReMeL0, General Practitioner/ Family Doctor, University of Vic – Central Catalonia University; Althaia Foundation, Spain

Prof. Karolina Kłoda

Co-Chair of CaReMeL0, Polish Society of Family Medicine (PTMR) and Polish Society for the Treatment of Obesity

Dr. Baruch Itzhak

Co-Chair of CaReMeL0, Specialist in Family Medicine, Diabetologist, Clalit Health Services, Technion Faculty of Medicine, Haifa, Israel

Prof. Dr. Agnieszka Mastalerz-Migas

Co-Chair of CaReMeL0, President of the Polish Society of Family Medicine (PTMR)

Prof. Dr. Hiddo Lambers Heerspink

Co-Chair of CaReMeL0, Department of Clinical Pharmacy and Pharmacology, University Medical Center Groningen, the Netherlands

Dr. Aleksander Biesiada

Co-Chair of CaReMeL0, Vice-President, Polish Society of Family Medicine (PTMR)

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