

Who Attends

This conference is essential for family physicians, primary care physicians (PCP) general practitioners, nurse practitioners, as well as specialists in endocrinology, cardiology, nephrology, hepatology, and related fields. Healthcare professionals involved in the comprehensive care of patients with cardiometabolic, renal, liver, and obesity syndromes will find this conference particularly beneficial.

The role of the PCP in the early identification, holistic management, and coordination of care for patients with CKM Syndrome cannot be overstated. By recognizing and addressing the multifaceted nature of this syndrome, the PCP can significantly impact the prevention and management of CaReMe Syndrome and improve patient outcomes.

PCP's role includes:

- **Early Detection and Prevention:** Early-life screening for CaReMe obesity risk factors is crucial. Identifying and managing these risk factors in young life for long-term cardiovascular health. Thus attention to screening and the methodology would be very relevant to PCPs.
- **Multifactorial Approach:** Given the multidirectional nature of CaReMe Syndrome, a multifactorial approach to management is essential. This includes lifestyle modifications, pharmacotherapy, and addressing social determinants of health. Once again as a primary care giver all those aspects are relevant to the PCP. The conference will help education in this respect.
- **Interdisciplinary Care:** Collaboration with specialists in endocrinology, cardiology, nephrology, hepatology, and other relevant fields is essential for comprehensive care.
- **Patient-Centered Approaches:** Tailoring management strategies to individual patient needs, considering

their unique risk profiles and social contexts, is critical.

- **Education and Lifestyle Modification:** Educating patients about the importance of lifestyle modifications in mitigating risk factors for CaReMe Syndrome is a key aspect of management.