



# CAREMELO

Munich, Germany & Online

8-9 May 2026



# Cardiovascular Renal Metabolic Liver and Obesity Conference

Empowering Family Physicians in  
CaReMeLO Management



[caremelo.kenes.com](https://caremelo.kenes.com)

Following the outstanding success of our first two conferences — Spain (2024) and Warsaw (2025) — which together welcomed over 2,400 participants (580 onsite and 1,820 online), we are delighted to announce the 3<sup>rd</sup> edition of **CaReMeLO**, to be held in **Munich, Germany**, on **8-9 May 2026**.

This upcoming conference will continue to highlight the pivotal role of family physicians in the integrated management of cardiometabolic, renal, liver, and obesity-related conditions, offering the latest scientific insights, practical tools, and international perspectives tailored to primary care.

## Conference Highlights

**Expert Insights:** Hear from a distinguished panel of speakers, including pioneers from the 2024 and 2025 conferences such as Avraham Karasik, Eberhard Standl, and many other leading family physicians and experts in cardiometabolic health and the role of the family physician. **Innovative Learning Formats:** Engage in case-based discussions, interactive workshops, and hands-on training sessions designed to enhance practical skills and knowledge application. **Expanded Sessions on Obesity and Liver disease:** Dedicated tracks on the use of GLP-1 receptor agonists, highlighting their clinical benefits, patient selection, and real-world application in treating obesity. **Collaborative Care Workshops:** Sessions on fostering a multidisciplinary approach to patient care, featuring insights into successful collaboration between family physicians, endocrinologists, cardiologists, nephrologists, and allied health professionals. **Networking and Collaboration:** Ample opportunities for one-on-one interactions, group discussions, and partnership development, with a focus on fostering collaborations that transcend national borders within Europe.

## CaReMeLO - Committee



**Prof. Avraham Karasik**  
Co-Chair of CaReMeLO,  
Professor of Medicine  
(Emeritus), Tel Aviv  
University, Israel



**Dr. Baruch Itzhak**  
Co-Chair of CaReMeLO,  
Specialist in Family  
Medicine, Diabetologist,  
Clalit Health Services,  
Technion Faculty of  
Medicine, Haifa, Israel



**Prof. Josep Vilaseca**  
Co-Chair of CaReMeLO,  
General Practitioner/  
Family Doctor, University  
of Vic - Central Catalonia  
University; Althaia  
Foundation, Spain



**Prof. Eberhard Standl**  
Co-Chair of  
CaReMeLO,  
Endocrinologist/  
Angiologist, Munich  
Diabetes Research  
Group Helmholtz  
Centre, Germany



**Prof. Oliver Schnell**  
Co-Chair of  
CaReMeLO,  
Founder and Managing  
Director of Sciaro  
GmbH, Munich,  
Germany



**Prof. Thomas Frese**  
Co-Chair of CaReMeLO,  
President of WONCA  
Europe starting 2025,  
Director of the Institute  
of General Medicine,  
Medical Faculty of  
Leipzig, Germany



**Prof. Shlomo Vinker**  
Co-Chair of  
CaReMeLO,  
President of WONCA  
Europe from 2021-2025,  
Executive board  
member of EGPRN, Tel  
Aviv University, Israel



**Prof. Jörg Schelling**  
Co-Chair of  
CaReMeLO,  
Specialist in General  
Medicine,  
Hausärztliche  
Gemeinschaftspraxis  
Martinsried, Germany

# Program at a Glance

Friday, 8 May 2026

08:00 – 09:00	<b>Registration And Refreshment</b>
09:00 – 10:30	<b>Opening Plenary Session: Foundations Of CaReMeLO</b>
09:00 – 09:10	Conference Opening and Welcome
09:10 – 09:30	Keynote: The Interconnected Pathophysiology of CaReMeLO
09:30 – 09:50	Advancing Excellence Along the CaReMeLO Disease Continuum: Perspectives Of Living National Guidelines and the Use of AI
09:50 – 10:10	Renal Renaissance: Transforming Kidney Care
10:10 – 10:30	The Integrated Approach To Caremelo - The Role of the Primary Care Physician
10:30 – 11:00	<b>Coffee Break and Networking</b>
11:00 – 12:00	<b>Industry Symposium</b>
12:00 – 12:10	<b>Short Technical Break</b>
12:10 – 13:10	<b>Session 1: Mastering Diabetes and Prediabetes in the CaReMeLO Patient</b>
12:10 – 12:30	Opportunities In Diabetes Prevention
12:30 – 12:50	Innovative Treatment Opportunities in Diabetes Management
12:50 – 13:10	Interactive Case Presentation: Complex Diabetes Prevention and Treatment
13:10 – 14:40	<b>Lunch and Networking</b>
14:40 – 16:00	<b>Session 2: Real-World Case Mastery and Expert Insights</b>
14:40 – 15:00	Case 1: The Asymptomatic Diabetic Patient
15:00 – 15:20	Case 2: Heart Failure with Preserved Ejection Fraction
15:20-15:40	Case 3: Progressive Renal Involvement
15:40-16:00	Case 4: Complex Multimorbidity Management
16:00 – 16:10	<b>Short Technical Break</b>

# Program at a Glance

**Friday, 8 May 2026**

16:10 – 17:00	<b>Session 3: CaReMeLO Shield: Key Essential Vaccinations</b>
16:10 – 16:25	Vaccinations In Patients with Chronic Diseases – Focus on Cardiac, Renal Disease and Diabetes
16:25 – 16:35	Travel Medicine and Vaccinations for Chronically Ill Patients
16:35 – 16:45	Vaccinations – Friends with Benefits
16:45 – 17:00	Panel Discussion: Population At Risk: Using Vaccines – Why, When And How?
17:00 – 17:30	<b>Coffee Break and Networking</b>
17:30 – 18:50	<b>Session 4: Obesity Care - A Risk Factor or a Chronic Disease?</b>
17:30 – 18:00	Obesity Care - A Risk Factor or a Chronic Disease?
18:00 – 18:30	Obesity Pharmacotherapy 2026 – The Road Map for the Pcp
18:30 – 18:50	Case Study
19:00 – 20:30	<b>Welcome Reception &amp; Networking</b>

# Program at a Glance

**Saturday, 9 May 2026**

09:00 – 10:20	<b>Session 5: Liver Health in CaReMeLO: Integrating Modern Therapies</b>
09:00 – 9:30	The Liver as the Metabolic Nexus in CaReMeLO
9:30 – 09:50	Case Study: CaReMeLO Patient with Mash and Multisystem Involvement
09:50 – 10:20	"The Intricacies of Lipid Derangement in Face of Multimorbidities" With Case Discussion
10:20 – 10:50	<b>Coffee Break and Networking</b>
10:50 – 12:00	<b>Session 6: The Heart at the Center of CaReMeLO</b>
10:50-11:25	Diabetic Myocardial Disorder: Its Central Role In Transforming Cardiac Outcomes In CaReMeLO Patients
11:25-12:20	Hands-on Echocardiography Workshop
12:20-12:30	<b>Short Technical Break</b>
12:30 – 13:30	<b>Industry Symposium</b>
13:30 – 14:30	<b>Lunch &amp; Networking</b>
14:30 – 15:20	<b>Session 7: Panel Discussion: CaReMeLO and PCP in Europe</b>
15:20 – 15:30	<b>Short Technical Break</b>
15:30 – 16:30	<b>Industry Session</b>
16:30 – 17:00	<b>The Closing Session: Path Forward and Key Takeaways</b>
16:30 – 16:45	Future Directions: Building Integrated Care Models
16:45 – 17:00	Conference Summary and Action Items

# Registration

**We invite family doctors and general practitioners to join us  
in Munich on 8-9 May 2026 or participate online.**



**SCAN THE  
QR CODE  
AND LEARN  
MORE!**





# Cardiovascular Renal Metabolic Liver and Obesity Conference

Empowering Family Physicians in  
CaReMeLO Management

Munich & Online | 8-9 May 2026

Join us in Munich to explore innovative strategies and strengthen your expertise in managing CaReMeLO syndromes. This is your opportunity to make a lasting impact on patient care and outcomes.

[caremelo.kenes.com](https://caremelo.kenes.com)

#CaReMeLO2026

