



CAREMELO

Munich, Germany & Online

8-9 May 2026



Cardiovascular Renal Metabolic Liver and Obesity Conference

Empowering Family Physicians in
CaReMeLO Management



**kenes
group**
original event



Global
Education of
Medicine and
Science

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Following the outstanding success of our first two conferences — Spain (2024) and Warsaw (2025) — which together welcomed over 2,400 participants (580 onsite and 1,820 online), we are delighted to announce the 3rd edition of **CaReMeLO**, to be held in **Munich, Germany**, on **8-9 May 2026**.

This upcoming conference will continue to highlight the pivotal role of family physicians in the integrated management of cardiometabolic, renal, liver, and obesity-related conditions, offering the latest scientific insights, practical tools, and international perspectives tailored to primary care.

Conference Highlights

Expert Insights: Hear from a distinguished panel of speakers, including pioneers from the 2024 and 2025 conferences such as Avraham Karasik, Eberhard Standl, and many other leading family physicians and experts in cardiometabolic health and the role of the family physician. **Innovative Learning Formats:** Engage in case-based discussions, interactive workshops, and hands-on training sessions designed to enhance practical skills and knowledge application. **Expanded Sessions on Obesity and Liver disease:** Dedicated tracks on the use of GLP-1 receptor agonists, highlighting their clinical benefits, patient selection, and real-world application in treating obesity. **Collaborative Care Workshops:** Sessions on fostering a multidisciplinary approach to patient care, featuring insights into successful collaboration between family physicians, endocrinologists, cardiologists, nephrologists, and allied health professionals. **Networking and Collaboration:** Ample opportunities for one-on-one interactions, group discussions, and partnership development, with a focus on fostering collaborations that transcend national borders within Europe.

CaReMeLO - Committee



Prof. Avraham Karasik
Co-Chair of CaReMeLO,
Professor of Medicine
(Emeritus), Tel Aviv
University, Israel



Dr. Baruch Itzhak
Co-Chair of CaReMeLO,
Specialist in Family
Medicine, Diabetologist,
Clalit Health Services,
Technion Faculty of
Medicine, Haifa, Israel



Prof. Josep Vilaseca
Co-Chair of CaReMeLO,
General Practitioner/
Family Doctor, University
of Vic - Central Catalonia
University; Althaia
Foundation, Spain



Prof. Eberhard Standl
Co-Chair of
CaReMeLO,
Endocrinologist/
Angiologist, Munich
Diabetes Research
Group Helmholtz
Centre, Germany



Prof. Oliver Schnell
Co-Chair of
CaReMeLO,
Founder and Managing
Director of Sciarc
GmbH, Munich,
Germany



Prof. Thomas Frese
Co-Chair of CaReMeLO,
President of WONCA
Europe starting 2025,
Director of the Institute
of General Medicine,
Medical Faculty of
Leipzig, Germany



Prof. Shlomo Vinker
Co-Chair of
CaReMeLO,
President of WONCA
Europe from 2021-2025,
Executive board
member of EGPRN, Tel
Aviv University, Israel



Prof. Jörg Schelling
Co-Chair of
CaReMeLO,
Specialist in General
Medicine,
Hausärztliche
Gemeinschaftspraxis
Martinsried, Germany

Program at a Glance

Friday, 8 May 2026

08:00 – 09:00	Registration And Refreshment
09:00 – 10:30	Opening Plenary Session: Foundations Of CaReMeLO
09:00 – 09:10	Conference Opening and Welcome
09:10 – 09:30	Keynote: The Interconnected Pathophysiology of CaReMeLO
09:30 – 09:50	Advancing Excellence Along the CaReMeLO Disease Continuum: Perspectives Of Living National Guidelines and the Use of AI
09:50 – 10:10	Renal Renaissance: Transforming Kidney Care
10:10 – 10:30	The Integrated Approach To Caremelo - The Role of the Primary Care Physician
10:30 – 11:00	Coffee Break and Networking
11:00 – 12:00	Industry Symposium
12:00 – 12:10	Short Technical Break
12:10 – 13:10	Session 1: Mastering Diabetes and Prediabetes in the CaReMeLO Patient
12:10 – 12:30	Opportunities In Diabetes Prevention
12:30 – 12:50	Innovative Treatment Opportunities in Diabetes Management
12:50 – 13:10	Interactive Case Presentation: Complex Diabetes Prevention and Treatment
13:10 – 14:40	Lunch and Networking
14:40 – 16:00	Session 2: Real-World Case Mastery and Expert Insights
14:40 – 15:00	Case 1: The Asymptomatic Diabetic Patient
15:00 – 15:20	Case 2: Heart Failure with Preserved Ejection Fraction
15:20-15:40	Case 3: Progressive Renal Involvement
15:40-16:00	Case 4: Complex Multimorbidity Management
16:00 – 16:10	Short Technical Break

Program at a Glance

Friday, 8 May 2026

16:10 – 17:00	Session 3: CaReMeLO Shield: Key Essential Vaccinations
16:10 – 16:25	Vaccinations In Patients with Chronic Diseases – Focus on Cardiac, Renal Disease and Diabetes
16:25 – 16:35	Travel Medicine and Vaccinations for Chronically Ill Patients
16:35 – 16:45	Vaccinations – Friends with Benefits
16:45 – 17:00	Panel Discussion: Population At Risk: Using Vaccines – Why, When And How?
17:00 – 17:30	Coffee Break and Networking
17:30 – 18:50	Session 4: Obesity Care - A Risk Factor or a Chronic Disease?
17:30 – 18:00	Obesity Care - A Risk Factor or a Chronic Disease?
18:00 – 18:30	Obesity Pharmacotherapy 2026 – The Road Map for the Pcp
18:30 – 18:50	Case Study
19:00 – 20:30	Welcome Reception & Networking
20:30	Faculty Dinner

Program at a Glance

Saturday, 9 May 2026

09:00 – 10:20	Session 5: Liver Health in CaReMeLO: Integrating Modern Therapies
09:00 – 9:30	The Liver as the Metabolic Nexus in CaReMeLO
9:30 – 09:50	Case Study: CaReMeLO Patient with Mash and Multisystem Involvement
09:50 – 10:20	"The Intricacies of Lipid Derangement in Face of Multimorbidities" With Case Discussion
10:20 – 10:50	Coffee Break and Networking
10:50 – 12:00	Session 6: The Heart at the Center of CaReMeLO
10:50-11:30	Diabetic Myocardial Disorder: Specificities of Heart Failure Therapy
11:30-12:00	Hands-On Echocardiography Workshop
12:10-12:20	Short Technical Break
12:20 – 13:20	Industry Symposium
13:20 – 14:30	Lunch & Networking
14:30 – 15:30	Industry Session
15:30 – 15:40	Short Technical Break
15:40 – 16:30	Session 8: Panel Discussion: CaReMeLO and PCP in Europe
16:30 – 17:00	The Closing Session: Path Forward and Key Takeaways
16:30 – 16:45	Future Directions: Building Integrated Care Models
16:45 – 17:00	Conference Summary and Action Items

Registration

**We invite family doctors and general practitioners to join us
in Munich on 8-9 May 2026 or participate online.**



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CaReMeLO Management

Munich & Online | 8-9 May 2026

Join us in Munich to explore innovative strategies and strengthen your expertise in managing CaReMeLO syndromes. This is your opportunity to make a lasting impact on patient care and outcomes.

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#CaReMeLO2026

